



Harvey Recreation and Cultural Centre

9729 3311 - Po Box 263 Harvey WA 6220

MIXED INDOOR SOCCER

“The Centre” General Indoor Soccer Rules

Players on field

- 5 players from each team on field
- 2 must be female
- Goalie must be male

Kick off

To start the match, at half time or once a goal is scored; the ball must be brought to the middle of the court and kicked backwards to team members in defending half. The ball must be touched twice within 3 seconds before the opponent can touch the ball.

Goal Keeper

The goalkeeper can only pick up and handle the ball when inside goalkeeper area.

Goalkeeper must not have any part of their body touching the outside of the area. A penalty kick will be given to the opposition if the goalkeeper touches the ball outside the area or leaves the outside of the area, even by accident. Once the referee deems the goalkeeper has control of the ball in the goalie area, either by hand or foot, the goalkeeper has 5 seconds to release the ball.

Once the goalkeeper has taken clean possession of the ball in their hands, it can only be released with a throw or place kick. The goalkeeper can throw the ball as far as he likes, but cannot pass back.

If any of the above rules are broken a penalty kick will be given to the opposition.

Once the goalkeeper has released the ball into play he may not touch the ball until it has been played by at least two of his team members or by an opposing player. Failure to comply with this rule will result in an indirect free kick from outside the penalty area by opposing team.

Tackling

To tackle or play the ball, players must be on their feet. Tackling can only be made from the front of an opponent whilst they have control of the ball. Side tackles are not permitted.



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Free kicks will be awarded for any player tackling from the side or back or slide tackling.

Free Kicks

All free kicks are indirect free kicks

Players have 5 seconds to take a free kick. Players must wait for the whistle.

Opposition players may form a wall but must stand 3 metres from the free kick spot.

If a foul is committed within 3 metres of the goalkeeper area, the ball may be moved back away from defending wall to allow more room to take the free kick. This will also apply if a free kick is given too close to the nets.

Any player, while controlling the ball in any four corners of the field, either by placing his/her foot on the ball or shielding it with their body, having their back to the field of play, and making no attempt to play the ball out of the corner will be penalised with an indirect free kick to the opposing team.

Free kicks will be given for the following reasons;

- handball
- holding
- time wasting
- net abuse
- entering goalkeeper area
- rough play
- dissent
- sledging
- late tackles
- obstruction
- raised feet
- side, back or slide tackles
- backing into players whilst in control of the ball.
- pushing
- tripping
- holding nets whilst controlling ball
- wearing and abusive language
- tackling a player inside the corner zone
- any other behaviour the referee thinks is not in the spirit of the game



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Card System

Misconduct will be monitored by applying the yellow and red card system as follows;

Yellow Card

A yellow card will be given to any player playing outside the spirit of the game and the code of behaviour guidelines. The yellow card is a warning that if they continue in this manner they will be sent from the court. Reasons for receiving a yellow card include but are not limited to; committing numerous fouls, disputing, arguing with referee, dangerous/ rough play, swearing, obscene gestures, deliberate fouls, time wasting, deliberate handballs, intimidating, harassing opponents, pushing, anything else the referee feels is unsportsmanlike behaviour.

Red Card

A red card will be given to any player not in the spirit of the game. When a red card is issued, the player is to be ordered off the court and they cannot be replaced or substituted. A player is not entitled to a warning (yellow card) for offences such as; fighting, threatening, spitting, when a yellow card has already been given.

If you receive a red card you will be suspended for one match, if the player has previously received a red card they will be suspended for two matches.